

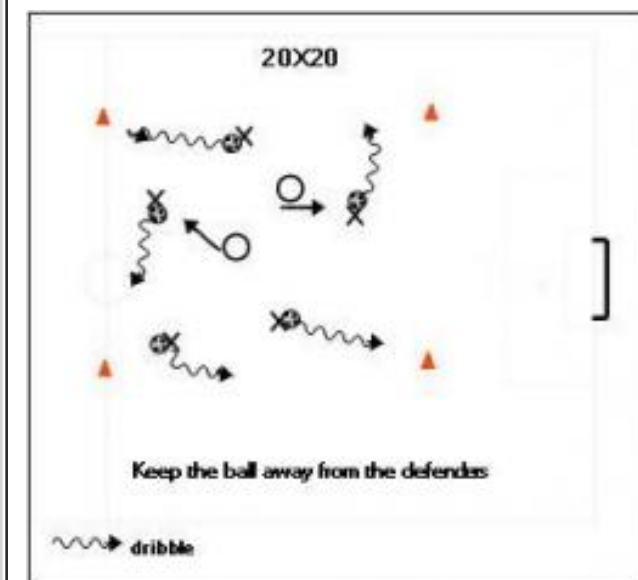


Date:	<u>06/12/21</u>	Group:	<u>PreK and K</u>
Length:	<u>50 mins</u>	Focus:	<u>FUN</u>
Start Time:	<u>12:00am</u>	Level:	<u>U6</u>
End Time:	<u>12:50am</u>		

Length	Start	Drill Name	Category	Notes
5	12:00am	Zoo Game	Recreation Activities	20X20 yard box 4 cones to outline the playing area each player with a ball except two
40	12:05am	Scrimmage - 3v3 games small sided	Scrimmage	Rotating mini tournament. 7 minute games with 1 minute water break between games

Notes:

Drill Title: Zoo Game



Each player with a ball except for two (the defenders).
On the whistle the 2 players without a ball try to knock the balls from the other players who dribble inside the practice area trying to avoid the players without the ball.

Dribble away from the players without the ball.

If a players ball gets knocked out, they must do 10 toe touches and they are back in the game.

Change the defenders every few minutes so everyone gets a chance.

Key Points: protect your ball from the defenders.